TOUR PACKING LIST

For a 15-day trip to Greece, pack light, breathable clothing like linen and cotton for daytime activities, along with swimwear, a light cover-up and a beach towel. More specifically:

Clothing

☐ **Tops:** Lightweight shirts, T- shirts, and blouses; cotton or linen are more comfortable. *

☐ **Bottoms:** Shorts** (or skirts for women) and a light pair of trousers.

☐ **Dresses:** Sundresses*** are easy to wear and can be versatile.

☐ **Swimwear:** Include at least one swimsuit**** and a beach cover-up or sarong. Beach towels are necessary.

☐ **A cooling towel**: a small cooling towel could provide great relief when it's hot (optional)

☐ **Outerwear:** A light jacket or windbreaker, and a cardigan or shawl for cooler evenings or air-conditioned spaces.

☐ **Formal option:** Consider one or two slightly more formal outfits for going out or to restaurants and churches.

☐ **Underwear and socks:** Pack enough for your trip, or plan to do laundry.

Footwear

☐ **Walking shoes:** Comfortable walking shoes or sneakers are essential for navigating uneven surfaces.

☐ **Sandals and flip-flops:** A pair of nicer sandals for the evening outings and flip-flops for beaches and casual wear.

Toiletries and personal items

☐ **Bible:** We encourage you to bring your Bible for your personal study. Otherwise, the Bible App on your phone could be used with ease also on the go.

☐ **Sun protection:** High-SPF sunscreen *(alternatively, it could be purchased in Greece),* a hat or a cap, and sunglasses are critical.

☐ **Insect repellent:** Especially for evenings *(alternatively, it could be purchased in Greece)*

☐ **Medications:** Bring **any** personal prescriptions and motion sickness medication if needed.

☐ **Toiletries:** Pack your essential toiletries like tooth paste, tooth brush, deodorant, sanitary items (small shampoo, conditioner, shower jell for just in case).

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Electronics and accessories

☐ **Phone and charger:** Essential for navigation, communication, and photos.

☐ **Power adapter:** Greece uses Type C and F plugs and has a voltage of 220V, so bring a compatible adapter.

☐ **Portable power bank (optional):** For charging on the go

☐ **Day bag:** A daypack, or a tote bag with a zipper or a small backpack to carry essentials while exploring.

☐ **Beach bag/tote:** Useful for carrying your beach items (optional).

☐ **Reusable water bottle:** Stay hydrated – Water will be provided but you may want to bring your insulated water bottle to keep your water cold for longer.

Miscellaneous

☐ **Documents:** Passport, ID, and any necessary visas or travel documents.

☐ **Money:** A mix of credit/debit cards and some cash (Euro).

GUIDELINES*:*

* Please bring **only** tank tops and **tops** that cover your belly

** Please bring **shorts** that are not too short (if one's undies are visible or the shorts look like underwear when one stands or sits down, then they are too short)

*** **Skirts, dresses and trousers** – ladies, you will need a longer dress or skirt to enter a monastery. The rest of the time you can wear shorter ones (please not above the middle of your thighs). Men, you would need to wear a long pair of shorts or trousers to enter religious places too.

**** **Swimwear**: Ladies - swimsuits and bikinis are fine as long as they cover bottoms and tops. Men - board shorts and swim shorts are perfect. Speedos should not be worn.

Please remember that we, individually and as a group, represent our Savior and King. Our clothing should be modest and not cause others to stumble. If you are unsure, please ask me (Roula).

Thank you so much for joining us on Tour. We pray it will be a tremendous blessing for you and your future.

WE ARE ALL GOING TO HAVE AN AMAZING TIME!